

iSLAS TAKE-OUT MENU

MONDAY – FRIDAY 11:30AM-8PM

STARTERS

KWEK KWEK *Philippine Street Food* | 6pcs **8**
Annatto battered quail eggs with brown spiced sauce

LUMPIA *Filipino Spring Rolls* | 3pcs (long) **8**
Seasoned minced pork, carrots and spices served with pickled papaya and banana ketchup

TOKWA'T BABOY **9**
Tofu, crispy pork belly, onion and sweet soy sauce

SISIG | *spicy* **15**
Sizzling platter with pork, chicken, onion, garlic and chili topped with egg ****tofu vegetarian**

SALAD

FILIPINO PEANUT SLAW **11**
Blend of cabbages, napa, red pepper, carrots cilantro, wonton with creamy peanut dressing
ADD: choice of protein *BBQ pork or chicken 4, shrimp skewer 5*

iSLAS BBQ **

PORK BBQ **15**
Skewered pork marinated in soy sauce, garlic and spices served with skewered pineapple and vegetables

INASAL *of Bacolod* | *Grilled Chicken Legs* **17**
Chicken legs marinated in calamansi, chili, lemongrass, lime, ginger and annatto oil

STEW **

ADOBO *Philippine National Dish* **16**
Chicken marinated in soy sauce, garlic, coconut vinegar, bay leaves, peppercorn and coconut milk served with rice topped with a sunnyside egg + pickled papaya

KARE KARE *Bagnet of Ilocos* **18**

Fried to perfection pork belly bagnet + peanut sauce with eggplant, green beans, bok choy served with shrimp paste

SEAFOOD EXPRESS *of Bicol* | *Spicy* **18**
Shrimp, squid, mussels, scallops, onion, pineapple, green and red peppers + coconut sauce

ESCABECHE *Snapper* **19.95**
Deep fried whole fish snapper with sweet chili sauce served with saba banana, ginger, onions and peppers

SOUP **

BULALO *of Batangas* | *Beef Shank Soup good for 2* **19.95**
4hrs slow boiled beef shank with corn, bok choy, green beans and fried garlic served with fish sauce and chili

SINIGANG na Salmon *of Manila*
Tamarind Soup with Salmon Fillet **19.95**

Savoury sour salmon fish based soup, tomato shallots, bokchoy, eggplant chili pepper + pan seared salmon
****served with RICE**

ADD ON: Steam Rice 3, Garlic Fried Rice 4
BBQ pork or chicken 4, Tofu 4,
Upgrade Rice to Peanut Slaw Salad 7

10% Discounts for Pick-up Order

Special Free Delivery on Saturday & Sunday with a minimum order \$150 and 24hrs notice.

(416) 533-0777 / info@islasto.com

NOODLES + VEGETABLES

CHINOY NOODLES *(Canton + Bihon) good for 2* **16**
Stir fried noodles with cabbage, carrots, mushroom, beans, green onion, chicharon topped with chicken BBQ
****tofu for vegetarian**

CHOP SUEY *Vegetable Stir-Fry* **14**
Mix vegetables, quail eggs and special house sauce

DESSERT

HALO-HALO *Pampanga Inspired* **8**
Ice shaved with coconut strips, caramelized plantain, leche flan with ube (*purple yam*) ice cream

TURON *(6pcs)* **7**
Caramelized banana plantain with jackfruit spring rolls

FAMILY TRAYS good for 4-5 people

LUMPIA *Filipino Spring Rolls* | *20pcs (bite size)* **24**
Seasoned minced pork, carrots and spices served with pickled papaya and banana ketchup

PORK BBQ *10pcs (skewers)* **36**
Skewered pork marinated in soy sauce, garlic and spices

FILIPINO PEANUT SLAW **22**
Blend of cabbages, napa, red pepper, carrots cilantro, wonton with creamy peanut dressing

CHINOY NOODLES *(Canton + Bihon)* **32**
Stir fried noodles with cabbage, carrots, mushroom, beans, green onion, chicharon topped with chicken BBQ
****tofu for vegetarian**

INASAL *of Bacolod* | *Grilled Chicken Legs* **32**
Chicken legs marinated in calamansi, chili, lemongrass, lime, ginger and annatto oil

TURON *12pcs (bite size)* **14**
Caramelized banana plantain with jackfruit spring rolls

Garlic Fried Rice **15**

Steam Jasmine Rice **12**

DRINKS

Minted Calamansi calamansi, mint, honey **5**

Sago't Gulaman roasted brown sugar with pearl and jelly **5**

Coconut Water **5**

Sparkling Water Perrier (330ml) **4**

Mango Juice **4**

Pineapple Juice **4**

Coke, Sprite, Ginger Ale, **2.5**

Nestea, RootBeer **2.5**

*The iSLAS is NOT a nut-free environment.
Kindly let us know if you have any dietary restrictions.*